

All meals are 'Home Made' - prepared from fresh ingredients in our on-site Kitchen

Summer Menu Week 2

* – Meat-Free Option

	Breakfast	Lunch	Tea
Monday	Weetabix with Milk Diluted Fruit Juice Fresh Fruit	Wholemeal Lamb Bolognese * Wholemeal Mixed Bean Bolognese Melon & Raspberries	Wholemeal Roll with Ham & Cheese * Wholemeal Roll with Egg & Cheese Sliced Apple & Raisins Ginger Biscuits
Tuesday	Toasted Crumpets Milk Fresh Fruit Selection	* Mild Lentil & Vegetable Curry with Naan Bread Rice Pudding with Mango Puree or Fresh Fruit Selection	Wholemeal Turkey Sandwich *Wholemeal Cucumber Sandwich & Hummus Cherry Tomatoes Homemade Cake
Wednesday	Shredded Wheat with Milk Diluted Fruit Juice Fresh Fruit	Beef Burger *Bean Burger Cous Cous, Sweetcorn & Homemade Tomato Sauce Fruit Jelly	Tuna Mayo Pitta Pockets *Cheese & Avocado Pitta Pockets Cucumber Fromage Frais
Thursday	Toast with Reduced Sugar Jam Milk Fresh Fruit Selection	Spanish Chicken *Spanish Quorn Brown Rice Cheese & Biscuits or Fresh Fruit Selection	Cheese & Chorizo Pizza * Cheese & Meat-Free Pepperoni Pizza Vegetable Sticks Malt Loaf
Friday	Cornflakes with Milk Diluted Fruit Juice Fresh Fruit Selection	Tuna & Vegetable Wholemeal Pasta *Cheese, Beans & Vegetable Wholemeal Pasta Fruit Crumble and Ice Cream or Fresh Fruit Selection	* Hummus and Breadsticks Tomatoes & Cucumber Fromage Frais Milk to Drink

Snacks and Drinks are offered at 10am & 5pm – Fresh Fruit/Rice Cake/Bread Stick/Air Popped Popcorn with Water or Milk

Water is available to drink at Lunch

Milk is available to drink at Tea

(drinking water is available in each room throughout the day)