

All meals are 'Home Made' - prepared from fresh ingredients in our on-site Kitchen

## Summer Menu Week 1

\* – Meat-Free Option

	<b>Breakfast</b>	<b>Lunch</b>	<b>Tea</b>
<b>Monday</b>	Toasted Muffins Milk Fresh Fruit Selection	Beef Chilli & Boiled Rice *Lentil Chilli & Boiled Rice Fruit Crumble & Ice Cream Fresh Fruit Selection	Tuna Mayonnaise & Cucumber Sandwiches * Egg & Cucumber Wraps Fromage Frais
<b>Tuesday</b>	Cornflakes with Milk Diluted Fruit Juice Fresh Fruit Selection	* Italian Tomato, Bean & Mascarpone Wholemeal Pasta Bake Fruit Jelly Fresh Fruit Selection	Croissants with Continental Meats * Croissants with Meat-Free Pepperoni Cherry Tomatoes Carrot Cake
<b>Wednesday</b>	Toasted Crumpets Milk Fresh Fruit Selection	* Vegetable Korma & Brown Rice Bananas & Custard Fresh Fruit Selection	* Pitta Strips with Hummus Carrot & Cucumber Sticks Malt Loaf
<b>Thursday</b>	Weetabix with Milk Diluted Fruit Juice Fresh Fruit Selection	Savoury Minced Lamb * Savoury Quorn Cous Cous & Mixed Vegetables Sultana Sponge & Custard Fresh Fruit Selection	*Beans on Toast Mixed Melon
<b>Friday</b>	Toast & Butter Drink Fresh Fruit Selection	Cod Fillet Fish Pie with Lemon & Parsley Sauce * Tofu Pie with Lemon & Parsley Sauce Peas & Sweetcorn Cheese and Biscuits Fresh Fruit Selection	Wholemeal Rolls with Turkey * Wholemeal Rolls with Cucumber & Hummus Fromage Frais Fresh Fruit

Snacks and Drinks are offered at 10am & 5pm – Fresh Fruit/Rice Cake/Bread Stick/Air Popped Popcorn with Water or Milk  
Water is available to drink at Lunch  
Milk is available to drink at Tea  
(drinking water is available in each room throughout the day)